SELAH

pause . hold . consider

**Let the peace of Christ rule in your hearts,
since as members of one body
you were called to peace.**

Colossians 3:15


S
Security
E
Encouragement
L
Level up
A
Awe
H
Harmony

SELAH & SHALOM

- sustainable when shared
- the peace we offer to each other
- everybody needs a Paul, a Barnabas, and a Timothy

SELAH of Relationships

Colossians 3:12

Therefore as God's chosen people, holy and dearly loved,

clothe yourselves with compassion, kindness, humility,

gentleness and patience.

What's underneath the full armor of God?

SELAH of Relationships

Colossians 3:13-14

Bear with each other and forgive one another if any of you have a grievance with someone.

Forgive as the Lord forgave you!

"Love as I have loved you."
-Jesus

And over all these virtues put on LOVE, which binds them all together in perfect unity.

SELAH of Relationships

Colossians 3:15

Let the peace of Christ rule in your hearts, since as members of one body you were called to PEACE.

And be THANKFUL!

Shalom, wholeheartedness, completeness

SELAH of Relationships

Colossians 3:16

Let the message of Christ dwell among you richly as you teach and admonish one another with all WISDOM, through psalms, hymns, and songs of the Spirit, singing to God with gratitude in your hearts.

this is Holy Spirit work

SELAH of Relationships

Colossians 3:17

And WHATEVER YOU DO, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through Him.

in ALL you do

Where can you reliably find God?

Psalm 34:18

The Lord is close to the brokenhearted

And saves those who are crushed in spirit.

living in
SELAH
with one another

- God centered
- genuinely treasuring one another
- taking the risk to be real
- giving and receiving grace with each other
- becoming more and more like Jesus

S

Security- safe, seen, soothed, secure

E

Encouragement- equipped, expectant

L

Level up- keep looking and longing for God

A

Awe- alert, active, abiding firm in the faith

H

Harmony- healthy and whole, at peace

4 QUESTIONS

- What do you want to SAY to me?
- What do you want me to SEE?
- What do you want me to KNOW?
- What do you want me to DO?